



**Rustomji Jehangirji Screwvalla**

**"POPSIE"**

11 December 1882

-

17 June 1974

**Rustomji Jehangirji Screwvalla**, is known to many as POPSIE. He is a part of the VRRP group and is involved in helping souls on earth. In the Spirit World, Popsie has a huge garden with lots of flowers and bushes and green fields. He lives there with his grandsons Vispi and Ratoos and their pet dog Chu Chu.

# **VRRP Spiritual Learning (Vispi, Rato, Rumi, Popsie) Spiritual Learning**

*We worship one God only.*

*Automatic Writing should not be practiced on your own.*

VRRP Spiritual Learning was started by Khorshed Bhavnagri after the passing away of her sons Vispi and Rato in a car accident. Within a month of the accident and through a chain of people Khorshed & Rumi received messages from their sons who wanted to communicate with them from the Spirit World. Vispi & Rato reached the spirit world immediately and had been welcomed there by their grandfather Popsie. The boys asked their parents to develop powers of concentration so they could communicate safely and privately together through the method of Automatic Writing. In this way Vispi and Rato were able to advise and guide their parents constantly and give them their mission on earth - which was to comfort and help people in need, spread spiritual knowledge and teach people how to stay on God's righteous path. Subsequent to this, Khorshed Bhavnagri introduced the book - The Laws of the Spirit World which was communicated by Vispi and Rato through the technique of Telepathy and this was finally reduced into writing by her. In 2007 Khorshed Bhavnagri joined her family in the spirit world but her work is being continued today by the **VRRP** group and in NZ by the **ViRaRus** group.

## **ViRaRus - Vispi, Rato, Rustom**

The ViRaRus group in NZ was started in 2002 with the consent of Khorshed Bhavnagri and since then we have been carrying on the work of spreading the messages of the Laws of the Spirit World, as requested, and as taught to us by Vispi and Rato. Believers of Vispi and Rato in NZ would meet regularly every week from the year 2000 and subsequently in 2002 as a group we decided to call ourselves the ViRaRus group. The main mission of the ViRaRus group is to spread the knowledge received by us through Rustom Screwvalla who communicates from the spirit world with his daughter Navaz Karbhari. As a group each one of us has had our lives touched, guided and supported through messages received from Vispi and Rustom.

**Both the groups - VRRP and ViRaRus work towards helping people to stay on the Godly good path always and in doing so rise spiritually with an ultimate aim to merge with God Almighty.**